



**HIGH SCHOOL LUNCH**

# JANUARY 2020



**OFFERED DAILY**

**ASSORTED CANNED FRUIT  
ASSORTED FRESH FRUIT  
ASSORTED MILK**



**BACK  
TO  
SCHOOL**



|   |   |   |  |   |
|---|---|---|--|---|
|   |   | 1<br><b>NO SCHOOL<br/>CHRISTMAS VACATION</b>  | 2  | 3   |
| 6   | 7<br><b>CHICKEN QUESADILLAS<br/>CHEF SALAD<br/>HAM &amp; CHEESE SANDWICH</b><br><br>CARROT COINS<br>BROCCOLI<br>CHEESE SAUCE<br>RANCH DIP CUP   | 8<br><b>BACON CHEESEBURGER<br/>CHEESY BREADSTICK<br/>TUNA CHEF SALAD<br/>HAM &amp; CHEESE SANDWICH</b><br><br>MARINARA CUP<br>TATER TOTS<br>BURGER SALAD<br>JALAPENOS | 9<br><b>BEAN &amp; CHEESE CHALUPAS<br/>CHICKEN NACHOS<br/>GRILLED CHICKEN SALAD<br/>CHICKEN, BACON<br/>&amp; CHEESE WRAP</b><br><br>REFRIED BEANS<br>TACO SALAD<br>SPANISH RICE<br>JALAPENOS<br>SALSA  | 10<br><b>PIZZERIA PIZZA<br/>PIZZA CRUNCHERS<br/>W/BREADSTICK<br/>ANYTIMERS LUNCH KIT</b><br><br>GOLDEN CORN<br>MARINARA CUP<br>APPLE CRISP<br>RANCH DIP CUP   |
| 13<br><b>CHICKEN STRIPS<br/>CHEF SALAD<br/>HAM &amp; CHEESE SANDWICH</b><br><br>DINNER ROLL<br>CRINKLE CUT FRIES<br>CARROT COINS<br>COUNTRY GRAVY | 14<br><b>CHICKEN SALAD CROISSANT<br/>LOADED BAKED POTATO W/BEEF<br/>GRILLED CHICKEN CAESAR<br/>HAM &amp; CHEESE SANDWICH</b><br><br>CHIPS<br>DINNER ROLL<br>BROCCOLI<br>GARDEN SALAD<br>PINEAPPLE DELIGHT<br>CHEESE SAUCE<br>SOUR CREAM | 15<br><b>CHEESEBURGER<br/>SPICY CHICKEN BURGER<br/>TUNA CHEF SALAD<br/>HAM &amp; CHEESE SANDWICH</b><br><br>BURGER SALAD<br>TATER TOTS<br>JALAPENOS                   | 16<br><b>CRISPY CHICKEN TACOS<br/>GRILLED CHICKEN SALAD<br/>CHICKEN, BACON<br/>&amp; CHEESE WRAP</b><br><br>REFRIED BEANS<br>SPANISH RICE<br>TACO SALAD<br>SALSA                                       | 17<br><b>PERSONAL PAN PIZZA<br/>GRILLED CHEESE<br/>W/VEGGIE SOUP<br/>HAM &amp; CHEESE SANDWICH</b><br><br>GOLDEN CORN<br>MARINARA CUP<br>RANCH DIP CUP        |
| 20<br><b>NO SCHOOL<br/>MARTIN LUTHER KING DAY</b>   | 21<br><b>CHICKEN STRIPS<br/>CHICKEN SALAD CROISSANT<br/>GRILLED CHICKEN CAESAR SALAD<br/>ITALIAN CRISPY CHICKEN WRAP</b><br><br>MACARONI & CHEESE<br>RANCH STYLE BEANS<br>BABY CARROTS<br>BROWN GRAVY<br>COUNTRY GRAVY<br>RANCH DIP CUP | 22<br><b>BAKED CHICKEN<br/>HAM &amp; CHEESE SANDWICH</b><br><br>DINNER ROLL<br>MASHED POTATOES<br>GREEN BEANS   | 23<br><b>CHILI CHEESE TOTS<br/>HAM &amp; CHEESE SANDWICH</b><br><br>CARROT COINS<br>ASSORTED FRESH FRUIT<br>ASSORTED MILK  | 24<br><b>PIZZA<br/>HAM &amp; CHEESE SANDWICH</b><br><br>GOLDEN CORN<br>GARDEN SALAD<br>RANCH DIP CUP  |
| 27<br><b>CHICKEN QUESADILLAS<br/>CHEF SALAD<br/>HAM &amp; CHEESE SANDWICH</b><br><br>CARROT COINS<br>BROCCOLI<br>CHEESE SAUCE<br>RANCH DIP CUP    | 28<br><b>SPICY CHICKEN BURGER<br/>ORANGE CHICKEN<br/>GRILLED CHICKEN CAESAR SALAD<br/>HAM &amp; CHEESE SANDWICH</b><br><br>ORIENTAL VEGGIES<br>RICE<br>BURGER SALAD<br>PINEAPPLE DELIGHT  | 29<br><b>BACON CHEESEBURGER<br/>TUNA CHEF SALAD<br/>HAM &amp; CHEESE SANDWICH</b><br><br>CHEESY BREADSTICK<br>MARINARA CUP<br>TATER TOTS<br>BURGER SALAD<br>JALAPENOS | 30<br><b>BEAN &amp; CHEESE CHALUPAS<br/>CHICKEN NACHOS<br/>GRILLED CHICKEN SALAD<br/>CHICKEN, BACON<br/>&amp; CHEESE WRAP</b><br><br>REFRIED BEANS<br>TACO SALAD<br>SPANISH RICE<br>JALAPENOS<br>SALSA | 31<br><b>PIZZERIA PIZZA<br/>PIZZA CRUNCHERS W/BREADSTICK<br/>HAM &amp; CHEESE SANDWICH</b><br><br>GOLDEN CORN<br>MARINARA CUP<br>APPLE CRISP<br>RANCH DIP CUP |

**MENU SUBJECT TO CHANGE WITHOUT NOTICE BASED ON AVAILABILITY OF FOOD.**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**