



**MIDDLE SCHOOL LUNCH**

# JANUARY 2020



**OFFERED DAILY**

**ASSORTED CANNED FRUIT  
ASSORTED FRESH FRUIT  
ASSORTED MILK**



**BACK  
TO  
SCHOOL**



		1 <b>NO SCHOOL CHRISTMAS VACATION</b>	2	3
6	7 <b>CHICKEN NUGGETS HAM &amp; CHEESE SANDWICH CHEF SALAD</b> DINNER ROLL CARROT COINS BROCCOLI CHEESE SAUCE RANCH DIP CUP	8 <b>CHEESEBURGER SPICY CHICKEN BURGER HAM &amp; CHEESE SANDWICH TUNA CHEF SALAD</b> ROASTED POTATOES BURGER SALAD JALAPENOS	9 <b>BEAN &amp; CHEESE CHALUPAS CHICKEN NACHOS GRILLED CHICKEN SALAD CHICKEN, BACON &amp; CHEESE WRAP</b> REFRIED BEANS TACO SALAD SPANISH RICE JALAPENOS SALSA	10 <b>PIZZERIA PIZZA PIZZA CRUNCHERS ANYTIMERS LUNCH KIT</b> GOLDEN CORN MARINARA CUP RANCH DIP CUP
13 <b>ORANGE CHICKEN LO MEIN NOODLES CHEF SALAD HAM &amp; CHEESE SANDWICH</b> ORIENTAL VEGGIES CARROT COINS	14 <b>CHICKEN SALAD CROISSANT PIZZA CRUNCHERS W/BREADSTICK GRILLED CHICKEN CAESAR SALAD HAM &amp; CHEESE SANDWICH</b> CHIPS BROCCOLI GARDEN SALAD PINEAPPLE DELIGHT CHEESE SAUCE MARINARA SAUCE	15 <b>SPAGHETTI &amp; MEATBALLS SPICY CHICKEN BURGER TUNA CHEF SALAD HAM &amp; CHEESE SANDWICH</b> GARLIC BREADSTICK BURGER SALAD TATER TOTS	16 <b>CRISPY CHICKEN TACOS GRILLED CHICKEN SALAD CHICKEN, BACON &amp; CHEESE WRAP</b> REFRIED BEANS TACO SALAD SALSA	17 <b>PERSONAL PAN PIZZA GRILLED CHEESE W/VEGGIE SOUP HAM &amp; CHEESE SANDWICH</b> BABY CARROTS MARINARA CUP RANCH DIP CUP
20 <b>NO SCHOOL MARTIN LUTHER KING DAY</b>	21 <b>CHICKEN STRIPS CHICKEN SALAD CROISSANT GRILLED CHICKEN CAESAR SALAD HAM &amp; CHEESE SANDWICH</b> CHIPS CARROT COINS BROCCOLI BROWN GRAVY	22 <b>BAKED CHICKEN HAM &amp; CHEESE SANDWICH</b> DINNER ROLL MASHED POTATOES GREEN BEANS BROWN GRAVY	23 <b>CHILI CHEESE TOTS HAM &amp; CHEESE SANDWICH</b> CARROT COINS ASSORTED FRESH FRUIT ASSORTED MILK	24 <b>PIZZA HAM &amp; CHEESE SANDWICH</b> GOLDEN CORN GARDEN SALAD RANCH DIP CUP
27 <b>CHICKEN NUGGETS CHEF SALAD HAM &amp; CHEESE SANDWICH</b> DINNER ROLL CARROT COINS BROCCOLI CHEESE SAUCE RANCH DIP CUP	28 <b>ORANGE CHICKEN LO MEIN NOODLES CHEF SALAD HAM &amp; CHEESE SANDWICH</b> ORIENTAL VEGGIES CARROT COINS	29 <b>CHEESEBURGER SPICY CHICKEN BURGER TUNA CHEF SALAD HAM &amp; CHEESE SANDWICH</b> ROASTED POTATOES BURGER SALAD JALAPENOS	30 <b>BEAN &amp; CHEESE CHALUPAS CHICKEN NACHOS GRILLED CHICKEN SALAD CHICKEN, BACON &amp; CHEESE WRAP</b> REFRIED BEANS TACO SALAD SPANISH RICE JALAPENOS SALSA	31 <b>PIZZERIA PIZZA PIZZA CRUNCHERS HAM &amp; CHEESE SANDWICH</b> GOLDEN CORN MARINARA CUP RANCH DIP CUP

**MENU SUBJECT TO CHANGE WITHOUT NOTICE BASED ON AVAILABILITY OF FOOD.**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**